



STNA Newsletter



STiNgAs Benefits

Helps STNA players to reach potential to play at the highest level possible.

Prepares players for both the mental and physical intensity of the next level.

Develop players by playing in a tougher competition.

Requires players to be risk takers and to show courage.

Allows players to become role models.

Stingas is almost fully funded and is virtually no cost to squad members.



STiNgAs Goals

- Intensity, the players are at maximum exertion for extended periods.

- Mental Toughness, the players cope with the demand of playing against superior opponents.

- Core Skill Competency, the players maintain high skill execution under pressure.

- Cognitive awareness, the players make good decisions that support the match strategy.



'Netball The Australian Way'

'Netball the Australian way, is a game of spatial awareness, lightning fast movements, precision passing, dynamic attacking and defending moves, made within a team structure and culminating in spectacular high shots at goal from anywhere within the goal circle. Either in attack or defence, fast hands, fast feet, quick thinking and explosive speed completes the package.'



STNA Rep Teams

Introducing our 2023 STNA Representative Teams! Congratulations to all of the players who have been selected in a squad. We look forward to watching you represent STNA with pride at the upcoming carnivals. Coaches are still being finalised and will be released shortly!

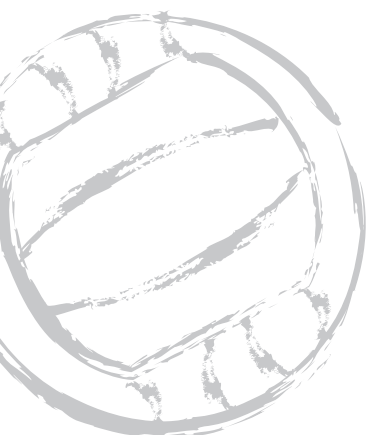
11 & Under Gold

Indy Menzies
Evie Ioannou
Cassey Petrie
Caitlin West
Lucy Midson
Indianna Oswin
Mia Carr
Ella Hanlon
Sophia Jarvie



11 & Under Blue

Jaydah Duggan-Ford
Eadie Kmet
Amelia Mason
Charlotte Brereton
Blu Whiley
Lainee Callinan
Charlotte Greenwood
Ivy Jacobson
Addison Townsend





STNA Rep Teams

12 & Under Gold

Olivia Lai
Charlotte Howes
Victoria Woodham
Billie Nelson
Max Wallace
Mia Gilmour
Scarlett Allie
Holly Jones
Ava Lindquist



12& Under Blue

Lucy Hinchin
Indii Ford
Madeline Ashwood
Sophie Fenton
Mae Crichton-Gill
Charlotte Hall
Macie Hamilton
Maisie Webster
Ava Dwyer



STNA Rep Teams

13& Under Gold

Avalon Johnson Harrington

Bella Slade

Sienna Bevin

Macy Devine

Jemima Geappen

Imogen Ransley

Remi Bester

Paige Nowland

Isla Thomas



13& Under Blue

Maya D'ettore

Sophie West

Ruby Fishwick

Esther McKinnon

Ariah Arnol

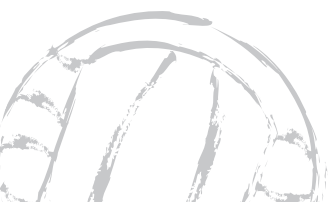
Hollie McCormack

Elijah Abbott

Isabella Smith

Grace Colleluori

Zoey Carr



STNA Rep Teams

14& Under Gold

Shakoda Oswin

Ruby Kaye

Matilda Lamb

Violet Bennett

Ruby Clark

Meila Bromfield

Ivy Bresnehan

Charli Cordwell

Kirra Doyle

Lindsay Stevanovich



14& Under Blue

Ava Lawler

Deyonce Mallinson

Mackenzie Mumme

Maggie Smythe

Estelle Nicholas

Leila Geard

Rose Kenna

Charli Fitzgerald

Layla Fowle

Sophie Clay





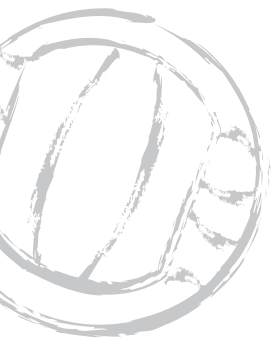
STNA Rep Teams

15& Under Gold

Alice Evans
Sophie Fidanza
Alet Le Grange
Abbie Graves
Holly Richardson
Mackenzie Graves
Bailey Van Den Broek
Bella Turner
Alice Bowering
Alyssa Mayne

15& Under Blue

Lana Davey
Lacey Roser
Isobel Geard
Abbie McCormack
Emily Carnes
Ruby Lane
Alice Barton
Lilian Gray
Maddie Linnell
Tia Mills



17& Under Gold

Chloe Commane
Penelope Geappen
Sophie Bentley
Ella Baldwin
Scarlett Johnson Harrington

Holli Fitzgerald
Nikki Wegman
Ava Loring
Nena Timsar
Olive Derham



Recently

STNA AGM

The STNA Annual General Meeting was held on Saturday the 25th of March at STNA. We would like to welcome Jessey Dillon, STNA's newest board member! The Secretary position is currently still vacant.



Learn To Umpire

We had a great turn out at the learn to umpire session, with many new umpires working with John Fox and some of STNA's experienced umpires. The group had a productive session and we are looking forward to seeing them all don their whites and take to the court.

Round 1 SENA

Some of the Round 1 STNA games were held at Pembroke Park in Sorell. We had a great turn out and are keen to be hosting more games there during the season!





Recently State League

STNA has held 14 state league games so far this season, with all games bringing a great crowd. We are looking forward to hosting more games throughout the season. This week we have Karana Flames and Cripps Waratah battling it out from 6:30pm on Thursday the 30th March in Stadium 1.

UBL

The University Basketball League play another game at STNA on Wednesday the 29th of March. Both Men's and Women's UTAS teams had convincing wins last in last weeks games - the canteen and bar will be open so come have a look! Women tip off @1pm.



Learn To Mentor

On Saturday the 25th of March, John Fox held a learn to Umpire Mentor session. We are grateful to have John around to share his extensive knowledge with all of our members!

STNA Annual Report

The STNA Annual Report has now been finalised and is available on our website stna.org.au under the 'News' and 'Board Members' Tabs. Hard copies are also available outside the office.

STNA Round 3

stna.org.au



Upcoming Events

University Basketball League

When: Wednesday 29th March

Women: Tip off 1pm

Men: Tip off 3pm

Where: Hobart Netball & Sports Centre - Stadium 1

State League League

When: Thursday 30th March

19s: 6:30pm

Opens: 8pm

Where: Hobart Netball & Sports Centre - Stadium 1



Easter Break

STNA will be taking break for the Easter long weekend, with some overflow games being played on both the Wednesday and Thursday of next week!

Variety Spin4Kids

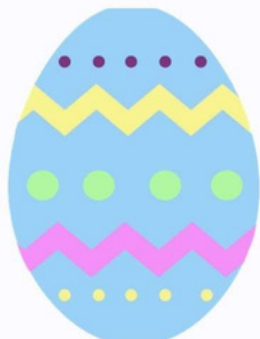
When: Sunday 28th May

Time: 10am - 3pm

Where: Hobart Netball & Sports Centre



Club News



Easter Raffle

Ticket \$2 for 1 or 3 for \$5

Major Prize:



Runner up prizes:

Plus more to come!
Raffle drawn 1st April
Winners will be phoned



Tickets can be purchased through this link

<https://www.trybooking.com/CGRGF>

Scanning the QR code
or through players

