



# ROLLING SUBSTITUTIONS

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## Rolling Substitutions - STNA Winter Roster

### 1. Rolling Substitutions

a) Teams may make rolling substitutions at any point in play, having regard to points g) and i) below.

b) There is no limit to the number of rolling substitutions that may be made during the game.

c) The substitute stands in the designated area for their team [see 2].

d) The substitute must not leave the designated area for their team or enter the court until the player leaving the court enters the designated area.

e) Players must not interfere with the umpire's movement during the substitution.

Sanction for c-d: Free pass where the ball was when play was stopped (advantage may be applied).

f) Players must observe the offside rule as they enter and leave the court.

Sanction for f: Free pass where the infringement occurred (offside area) (advantage may apply)

g) Play should not be delayed while a rolling substitution occurs.

Sanction for g: The player concerned is penalised for delaying play under Rule 19.2.

h) If a player leaves the court as a rolling substitution, and there is no player in the designated area, the replacement player is treated as a late player (as per Rule 3.8) and must wait until a break in play to enter the court.

i) A player who has been penalised and is out of play may not leave the court as a rolling substitution until the penalty pass has been taken.

Sanction for i: The player is directed to return to the out of play position and/or penalised for delaying play under Rule 19.2

### 2. Rolling Substitution Designated Area

a) The designated area for rolling substitutions for each team is the marked area nearest the relevant team bench.

b) If no such area is marked, the designated area is close to the transverse line nearest the relevant team bench.





